Gluten Free KHAS

Toasted Breakfast Gluten Free Brioche Buns

Dry cured Wiltshire bacon and egg	7.5
Double egg, poached or fried (\vee)	6.5
Butchers' sausage and egg	7.5
Smoked salmon with cream cheese, spring onions	
and chives	8.5
THIS isn't Bacon	6.5

Protein Plates

Chocolate and banana pancakes laced with 8g protein powder, topped with pumpkin, sunflower and poppy seeds served cinnamon and coconut yoghurt (\vee)

Mexican 'Burrito' beans laced with 8g protein with toasted gluten-free panini (\vee)

Porridge Bowls

FRESHLY MADE OAT MILK PORRIDGE WITH YOUR CHOICE OF TOPPING (V) :

Blueberries, agave and sunflower seeds Toasted pumpkin, sunflower and poppy seeds with golden syrup

Build your own, anyway eggs

CHOOSE FROM: Poached, scrambled, or fried on toasted gluten-free panini bread 8 **BUILD YOUR OWN:** Severn and Wye Valley 3.5 Bacon smoked salmon 2 Oyster mushroom (\vee) Sausage 3.5 Avocado (V) Oven dried tomato (\vee) 3 Hashbrowns (\vee)

PLEASE INFORM US OF ANY FOOD INTOLERANCES OR ALLERGIES SO WE CAN CATER TO YOUR DIETARY NEEDS.

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SURFED FROM 7:30-11:30

Fancy something plant based? **CHECK OUT OUR AMAZING PLANT BASED MENU!**

6.5 6.5



Scap for al menus



Gluten Free

Drop-in Brunch

SMOKED HAM, EGGS & HASH BROWN
Smoked ham steak, hash browns, poached

d egg, truffle aioli

AVOCADO & EGG

Smashed avocado, poached eggs, sunflower seeds on toasted gluten free panini bread (\vee) Add Severn and Wye Valley salmon

MIDDLE EASTERN OPEN SHAWARMA WRAP

Houmous, falafel, harissa roasted tomatoes, pickles, spring onions, coconut yoghurt, coriander and a za'atar spice blend (\vee)

SHAKSHUKA

Moroccan spiced pepper and tomato stew topped with a poached egg and crumbled feta cheese (V)

B.L.A.T Bacon, lettuce, avocado and tomato in a toasted gluten free brioche bun

12

Build your own, anyway eggs

CHOOSE FROM:

Poached, scrambled, or fried on gluten-free panin

BUILD YOUR OWN:

Bacon	3.5
Oyster mushroom (V)	2
Avocado (V)	3.5
Hashbrowns (V)	3
Oven dried tomato (V)	3

- Severn and W smoked salma Sausage
- THIS isn't bac
- Wavey baked

PLEASE INFORM US OF ANY FOOD INTOLERANCES OR ALLERGIES SO WE CAN CATER TO YOUR DIETARY NEEDS.

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SURFED FROM 11:30-15:30

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Scap for all menus -



Gluten Free SURFED FROM 12:00 - 16:30

HOUSE CIABATTA

GLUTEN FREE PANINI SERVED WITH SUPER SLAW:

Chicken and pesto	15.5
Philly cheese steak	16.5
Hake fillet of fish with tartar sauce, capers and gherkins	15.5
Roasted Mediterranean veg, basil and seed pesto, feta cheese, balsamic (V)	13.5
Add french fries	2



CAESAR SALAD With chicken and bacon

MIDDLE EASTERN SALAD

With houmous and roasted cauliflower (\vee)

Sides

French fries (\vee) Hash browns (V) Wavey baked bean Super Slaw (V) Green leaf salad (\vee) Mac 'n' cheese

DIRTY FRIES

GREAT FOR SHARING, TRIPLE COOKED SKIN ON FRENCH FRIES TOPPED WITH:

15.5

13.5

Korean BBQ chicken, spring onions, coriander, sesame seeds and hot spicy gochujang sauce

Fondue cheese sauce finished with sour cream, chives, basil and seed pesto (V) Add pulled chicken

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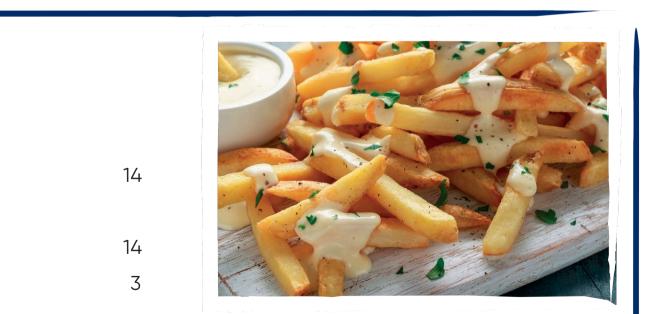
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MADE TO ORDER ICE CREAM **SUNDAES**

Knickerbocker glory	6.5
Banana split sundae	6.5





Scap for all menus ->



Gluten Free **SURFED FROM 16:30**

18

14

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16

Burgers & Buns

SURF AND TURF BURGER

6oz smash burger, crispy battered hake, thousand island sauce, pickles. Served in a gluten-free brioche bun with french fries and super slaw

SMASHED BURGER

Grilled to order and served in a gluten-free brioche bun with beef tomato, Iceberg lettuce, gherkin and burger sauce

Add 6oz smashed pattie
Add Glastonbury Twanger Cheese
Add bacon
Add oyster mushroom

VIETNAMESE CHICKEN BUN

Grilled chicken, pickles, crispy onions, yuzu mayo and coriander in a gluten-free brioche bun with french fries

Main Plates

SRI LANKAN DAHL Red lentil dahl with raita, baked coconut, gluten-free flatbread and chutnev Chicken or fish

BRIXHAM FISH 'N FRITES Served with french fries, tartar sauce and garden peas



French fries (\vee) Hash browns (\vee) Wavey baked beans Super Slaw (V) Green leaf salad (\vee) Mac 'n' cheese

DIRTY FRIES

GREAT FOR SHARING, TRIPLE COOKED SKIN ON FRENCH FRIES TOPPED WITH:

17.5

18

Korean BBQ chicken, spring onions, coriander, sesame seeds and hot spicy gochujang sauce

Fondue cheese sauce finished with sour cream, chives, basil and seed pesto (\vee) Add pulled chicken

PLEASE INFORM US OF ANY FOOD INTOLERANCES OR ALLERGIES SO WE CAN CATER TO YOUR DIETARY NEEDS.

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		Desserts	
	4	MADE TO ORDER ICE	CREAM SUNDAES
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	3.5	Banana split sundae	6.5
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