



# Development Day

YOUR COURSE	
Expert Barrels	
SURFER NAME	RESERVATION NUMBER

## Arrival & Check-in

Your Development Day **starts at 8:00am**. Please make sure you **arrive for 7:00am** to allow you enough time to walk down from the car park, check-in, get changed and be ready to meet your coaches.

## What to Expect

During your Development Day, you'll dive into **2 surf lessons and 1 land session**. These are spread across the day with scheduled breaks for lunch and recovery. While the schedule can shift slightly, your coaches will give you a full breakdown of your specific water and land session times as soon as you arrive on.

### Your Day

8am Surf lesson  
10am Snack break  
1pm Land session  
2pm Surf lesson  
3pm End of day

## What to Bring

We provide the technical gear you will need such as wetsuits and softboards, but **please remember a swimsuit and a towel**. Surfboards are available to rent from the boardroom, and we have some delicious food available to purchase from our café.